Reverend William Gilpin's 'Picturesque' Wye Tour - On a wet day in the Summer of 1770 Rev William Gilpin took a rowing boat from Ross on Wye down River to Chepstow. Along his journey he took notes and made sketches, which he later enlarged into 'Observation's on the River Wye and several parts of south Wales'. This was an instant success, probably the first British guidebook published, and by 1800 on its fifth edition. Picturesque - 'like a Picture'

### HOMEMADE ABBEY MILL PIES

All our pies are made with locally sourced meat & vegetables topped with a golden puff pastry lid & are accompanied With our country salad & a baked potato OR seasonal vegetables & new potatoes

## WYE VALLEY BEEF & BEER PIE 45.50

Tender pieces of Welsh beef cooked in a rich gravy made with local Abbey Ale from Tintern Tintern's 'Abbey Ale' available in Bottles for you to enjoy with your meal or to take Home.

# TINTERNS INFAMOUS DRAGON PIE™ ....£15.50

It's our secret recipe. Prime Welsh beef, red wine, chillies & many other hot things. PLEASE BE WARNED DRAGON PIE IS NOT FOR THE FAINT HEARTED - IT IS EXTREMELY HOT!!

# ABBOT'S CHICKEN & HAM PIE 45.50

Prime chicken breast & Herefordshire ham together in a creamy sauce

## OWAIN GLYN DWR'S LAMB PIE ## .....£15.50

Tender Welsh lamb, in rich gravy with a hint of mint.

### GAMEKEEPER'S RABBIT PIE.....£15.50

Yes real rabbit! Tender pieces of Peter Rabbit slowly cooked in a rich white wine sauce

# VEGAN CURRY PIE ....£15.50

A medley of roasted vegetables comes together in a mild coconut and lime curry sauce.

### TASTE OF OUR COUNTRYSIDE

WELSH LAMB CAWL £14.95

A traditional Welsh treat- served with crusty bread, a chunk of Caerphilly cheese & a warm Welsh cake!

#### LAY BROTHER'S LIVER & BACON.....£14.95

Served in a giant Yorkshire pudding on a bed of creamy mash potato with a selection of vegetables and a rich gravy

### HOMEMADE LASAGNE £14.95

We use best quality minced Welsh beef, cooked with red wine, garlic, herbs & tomatoes layered between pasta sheets, topped with a creamy cheese sauce. Accompanied with garlic bread & our country salad.

#### GILPIN'S CHOWDER...£14.95

Cod, smoked haddock, salmon and prawns together in a creamy thick sauce, served with crusty bread & Welsh butter.

#### ST TEWDRICS FISHCAKES .....£14.95

We make our fish cakes from fresh salmon & pink prawns wrapped together with local potato Served with a sweet chilli dip, our country salad & cottage roll.

### POACHED SALMON # \_\_\_\_\_£15.50

Poached salmon served with our country salad & new potatoes

### TRADITIONAL PLATTERS

Served with our country salad, cottage roll & Welsh butter.

### TURNERS CHEESE PLATTER ## .....£14.95

An artist's treat of Welsh Llandyrnag cheddar & fine English stilton served with farmhouse ale chutney

#### WORDSWORTH HAM PLATTER.....£14.95

Home baked local gammon ham served with farmhouse ale chutney

#### FISHERMANS PLATTER.....£14.95

Peppered& Smoked Mackerel fillets served with horseradish sauce

### MILLERS PRAWN PLATTER .....£14.95

Juicy pink prawns served on a bed of lettuce with a lemon wedge & Marie Rose sauce

### CISTERCIANS VEGETARIAN CHOICE

#### MACARONI CHEESE AND LEEK BAKE .....£14.95

A homemade dish of macaroni pasta in a creamy cheese sauce with leeks, served with our country salad & garlic bread.

#### BENIDICT'S 8 BEAN BEANY BAKE .....£14.95

A homemade tasty treat of 8 different beans cooked with vegetables in a tomato & basil sauce, covered with scalloped potatoes & melted cheddar cheese. Served with our country salad & tortilla crisps

## ABBEY MILL HOMEBAKED 'QUICHE OF THE DAY'

Served with our country salad & new potatoes

# LIGHT BITES

# KING OFFA'S SOUP OF THE DAY £8.25

After a Stroll along Offa's Dyke & taking in the fresh air what better than a large bowl of hot homemade soup Finished with croutons & cream, and a warm cottage roll & Welsh butter.

#### NAUGHTY MONK'S BAKED BAGUETTES

Freshly bake baguettes served with a side of crisps and our homemade 'red slaw'

LLANDYRNOG CHEDDAR & TOMATO LLANDYRNOG CHEDDAR & ONION TUNA SWEETCORN MAYO, HOME COOKED HAM SALAD MELTED LLANDYRNOG CHEDDAR & BACON

PRAWNS with Marie Rose sauce BACON, BRIE & CRANBERRY MINTED LAMB& ONIONS with redcurrant jelly BBO PULLED PORK &ONIONS TURKEY, STUFFING & CRANBERRY

SLOW ROASTED BEEF& ONIONS with horseradish sauce BACON & BLACK PUDDING

CRISPY CHICKEN, BACON, LETTUCE & TOMATO with garlic mayo

all £11.50

# DEVIL'S PULPIT JACKETS

Our Local potatoes are oven baked every day, Served with our large country salad.

WELSH LLANDYRNOG CHEDDAR #11.50 HOMEMADE RED COLESLAW .....£11.50

BAKED BEANS V .....£11.50 TUNA & SWEETCORN MAYO....£12.50

MELTED LLANDYRNOGTopped with BACON .....£12.50 PINK PRAWNSwith lemon & Marie Rose sauce.......£12.95

BEEF CHILLI CON CARNEwith sour cream dip...... £12.95

ADD CHEESE TO ANY JACKET .....£1.50

# SIDE DISHES

Local Jacket Potato \_\_\_\_£5.50 Cottage Roll & Butter ......£3.99 Bowl of our country Salad ......£5.75 Garlic Bread Jug of Gravy ...... £2.50 Portion of Welsh Cheddar Cheese ......£4.50 Bowl of olives, olive oil and balsamic vinegar with rustic crusty bread for dipping .... £10.99

Please ask a member of staff if you have an allergy or intolerance to certain foods. We will check the ingredients of any of our dishes for you, thank you

Welsh Flag indicates a flavour of Wales & Local produce used.

The Welsh Flag features the Red Dragon of Cadwallader, Prince of Gwynedd. The Dragon has been the symbol of Wales